





	Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
	Multi Skills	Multi Skills	Team Games Gymnastics	Sport Enrichment Block	Sports Day Athletics	Games
	Infant Agility	Infant Agility	Travelling & balancing, linking	Infant Games.	<u>Theme;</u>	<u>Theme;</u>
	<u>Theme;</u>		actions.		Different ways of	Striking, fielding
	Multi Skills, spatial	<u>Theme;</u>		Sport enrichment	running, jumping	related activities
	awareness.	Send, receive and	<u>Coverage</u> ;	chosen year groups	&throwing	(linking skills from
		retrieve	(FOM) Developing,	from the list below		previous terms)
	Coverage;		travelling, balancing	to enhance the	<u>Coverage;</u>	
Year 1	Agility, Balance, Co-	<u>Coverage</u> ;	&principles of finding	curriculum.	Developing	<u>Coverage;</u>
<u> </u>	Ordination.	Throwing, trapping,	space.	To: Calf	fundamentals of	Developing
	Fundamentals of Movement (FOM)	catching, bouncing various equipment		Tri-Golf Dodgeball	movement skills (FOM) for athletics	fundamental movement skills
	Movement (1 OM)	various equipment	OR	Tag Rugby	events. To include	(FMS) for
		OR	OK .	Cricket	competition	striking/fielding
		Dance;	<u>Theme;</u>	Of Tener	compermon	events. To include
		Theme;	Send, receive,			competition.
		Short stories or	retrieve, teamwork	In school	Rounders	
		story based theme	,	competitions.		Dodgeball
		,	<u>Coverage;</u>	·		
		<u>Coverage;</u>	Kicking, striking,	Cricket		
		Shapes and Patterns,	catching (using			
		travelling, change of	various			
		speed/rhythm/level/	equipment0and			
		direction (teacher	working in teams, co-			
		led)	operation.			
			Tag Rugby			
			rug Kugby			







	Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
	Multi Skills	Infant Agility	Gymnastics	Sport Enrichment Block	Sports Day Athletics	Games Striking and Fielding
	Infant Agility	Games	Games			
		(Invasion)	(Invasion)	Infant Games	<u>Theme;</u>	
	<u>Theme;</u>				Running, jumping and	<u>Theme;</u>
	Working as a team-	<u>Theme;</u>	<u>Theme;</u>	Sport enrichment	throwing skills,	Striking, fielding
	send & receive,	Develop FMS.	Develop FMS.	chosen year groups	setting personal	related activities
	partner work, team	Introducing simple	Developing simple	from the list below	targets	(linking skills from
	work.	attacking &	attacking and	to enhance the		previous terms)
Voor 2		defending skills for	defending skills for	curriculum.	<u>Coverage;</u>	
<u>Year 2</u>	<u>Coverage</u> ;	invasion sports	invasion sports		Developing	<u>Coverage;</u>
	Consolidating	(football)		Tri-Golf	fundamentals of	Developing
	fundamentals		Tag Rugby	Dodgeball	movement skills	fundamental sports
	movement skills	<u>Coverage</u> ;	C	Tag Rugby	(FOM) for athletics	skills (FMS) for
	(FOS) from Year 1 to	Working in pairs -	<u>Coverage;</u>	Rounders	events. To include	cricket and playing
	include, kicking,	send & receive, team work, based on a 3 or	Working in pairs -		competition	simplified versions of
	trapping, throwing, catching, bouncing,	2 v 1 scenario.	send, receive and score, based on a 2	In school		the game.
	pushing, and rolling.	Z V I SCENUTO.	v1 or 2v2 scenario.	competitions.		
	pushing, and roning.		VI OI LVL SCENUI IO.	competitions.		
					Rounders	Dodgeball
				Cricket	Nound of 5	ougosu
				0.10.10.		







		Term 3	Term 4	Term 5	Term 6
Team Games Tag Rugby	Invasion Games	<u>Gymnastics</u>	Sport Enrichment Block	Sports Day Athletics	Games Striking and Fieldin
	Dodge Ball				
<u>Theme;</u>	<u>Theme;</u>	<u>Theme</u> ;	Infant Games	<u>Theme;</u>	
Attacking &	Mark & avoid	Shapes & jumping &		Running, jumping and	<u>Theme;</u>
defending.		landing.	Sport enrichment	throwing skills,	Finding and closing
	<u>Coverage</u> ;		chosen year groups	partner work	down space.
<u>Coverage;</u>	Develop basic rules	<u>Coverage</u> ;	from the list below		
Develop basic rules	of these sports.	Create a sequence	to enhance the	<u>Coverage;</u>	<u>Coverage;</u>
of these sports	To create and	using basic gymnastic	curriculum.	Developing hurdle &	Create small sided
through	compete in their own	floor elements in		running events with a	and modified games
attacking/defending	attacking/defending	pairs and or small	Tri-Golf	partner. Competing in	of cricket and
based activities 3v1,	based activities 3v2,	groups.	Dodgeball	pairs in throwing and	rounder's. Introduc
4v2, 5v3.	4v3, 5v4 using prior	Rolling, balancing,	Tag Rugby	jumping events.	basic rules of these
	learnt FMS.	jumping and	Rounders		sports.
Cross Country		travelling.		Tennis	
	Sports Hall	Vary direction and			Tennis
Sports Hall	Athletics	levels.	In school	Rounders	
Athletics			competitions.		Football
		Dance		Golf	
					Dodgeball
		Tag Rugby	Cricket	Hockey	
				,	
	Tag Rugby Theme; Attacking & defending. Coverage; Develop basic rules of these sports through attacking/defending based activities 3v1, 4v2, 5v3. Cross Country Sports Hall	Tag Rugby Theme; Attacking & Theme; Attacking & Theme; Attacking & Theme; Mark & avoid Coverage; Develop basic rules of these sports through attacking/defending based activities 3v1, 4v2, 5v3. Cross Country Sports Hall Athletics	Tag Rugby Theme; Attacking & defending. Coverage; Develop basic rules of these sports through attacking/defending based activities 3v1, 4v2, 5v3. Cross Country Sports Hall Athletics Dodge Ball Theme; Mark & avoid Coverage; Develop basic rules of these sports. To create and compete in their own attacking/defending based activities 3v2, 4v3, 5v4 using prior learnt FMS. Cross Country Dodge Ball Theme; Shapes & jumping & landing. Coverage; Create a sequence using basic gymnastic floor elements in pairs and or small groups. Rolling, balancing, jumping and travelling. Vary direction and levels. Dance	Tag Rugby Dodge Ball Theme; Attacking & defending. Coverage; Develop basic rules of these sports of these sports through attacking/defending based activities 3v1, 4v2, 5v3. Cross Country Sports Hall Athletics Attalacking & Theme; Shapes & jumping & landing. Coverage; Shapes & jumping & landing. Coverage; Coverage; Create a sequence using basic gymnastic floor elements in pairs and or small groups. Rolling, balancing, jumping and travelling. Vary direction and levels. Dance Block Infant Games Sport enrichment chosen year groups from the list below to enhance the curriculum. Tri-Golf Dodgeball Tag Rugby Rounders In school competitions.	Tag Rugby Dodge Ball Theme; Attacking & defending. Coverage; Develop basic rules of these sports through attacking/defending based activities 3v1, 4v2, 5v3. Cross Country Sports Hall Athletics Dodge Ball Theme; Antacking & avoid defending. Coverage; Develop basic rules of these sports. To create and compete in their own attacking/defending based activities 3v2, 4v3, 5v4 using prior learnt FMS. Cross Country Sports Hall Athletics Dodge Ball Theme; Shapes & jumping & Sport enrichment chosen year groups from the list below to enhance the curriculum. Coverage; Coverage; Coverage; Create a sequence using basic gymnastic floor elements in pairs and or small groups. Rolling, balancing, jumping and travelling. Sports Hall Athletics Dance Block Athletics Theme; Running, jumping and throwing skills, partner work Coverage; Developing hurdle & running events with a partner. Competing in pairs in throwing and jumping events. Fonis Coverage: Coverage: Coverag







	Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
	Invasion Games	Invasion Games Dodgeball	<u>Gymnastics</u>	Sport Enrichment Block	Sports Day Athletics	Games Striking and Fielding
	Tag Rugby					
	Theme;	<u>Theme;</u>	<u>Theme</u> ;	Games	Tennis	Football
	Making choices &	Making choices &	Transferring weight.		Football	Cricket
	decisions.	decisions		Sport enrichment		Tennis
			<u>Coverage;</u>	chosen year groups	<u>Theme;</u>	<u>Theme;</u>
	<u>Coverage</u> ;	<u>Coverage;</u>	Create a small group	from the list below	Running, jumping and	Bowling and striking.
	Develop sports	Develop sport	apparatus based	to enhance the	throwing. Time &	
	specific skills for	specific skills for	sequence that	curriculum.	direction	<u>Coverage;</u>
<u>Year 4</u>	Tag Rugby. Provide	Dodgeball. Providing	includes balancing,			Introduce basic rules
	opportunities for	opportunities for	jumping, rolling &	Tri-Golf	<u>Coverage;</u>	of rounder's and play
	children to apply	pupils to officiate	travelling.	Rounders	Competing against	competitive modified
	tactics and	and lead teams. Small	Introduce more	Hockey	others, develop	versions of the game.
	strategies using 3v2,	sided 3v2, 4v3, 5v4	complex sport		numeracy cross	Introduce sport
	4v3, 5v4 (FSS)	(FSS)	specific skills that	In school	curricular links to	specific techniques
			focus on transferring	competitions.	focus on timing and	for bowling and
	Cross Country	Cricket	weight.		direction to maximise	striking (FSS)
				Cricket	performance in	
	Sports Hall	Sports hall	Dance		running, jumping and	
	Athletics	Athletics			throwing events.	
			Hockey			Dodgeball
					Rounders	
			Tag Rugby			







	Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
	Invasion Games	Invasion Games	Invasion Games	Sport Enrichment	Sports Day	Games
	Tag Rugby	Dodgeballl/Basketbal	<u>Dodgeball</u>	Block	Athletics	Striking and Fielding
	Theme;	_	_			(Cricket)
	Attacking play.	<u>Theme;</u>	<u>Theme;</u>	Sport enrichment	<u>Theme;</u>	Tennis
		Attacking play	Attacking play.	chosen year groups	Running, jumping and	Athletics
	<u>Coverage;</u>			from the list below	throwing. Achieving	
	Develop sports	<u>Coverage</u> ;	<u>Coverage</u> ;	to enhance the	personal best.	<u>Theme;</u>
	specific skills for tag	Focus on developing	Develop sport	curriculum.		Batting & fielding
	rugby so that pupils	attacking principles	specific skills and		Coverage;	tactics and
v =	can apply skills and	Further develop	rules for dodgeball.	Handball	Practice a variety of	startegies.
<u>Year 5</u>	strategies in	sports specific skills	Apply these to small	Tri-Golf	athletics events from	
	competitive games	and rules. Matches	sided matches of	Netball	prior learning,	<u>Coverage;</u>
	(FSS_SSS)	of 3v3, 4v4 (SSS)	3v3, 4v4 (FSS)	Rounders	developing event	Develop rules of
				Cricket	specific techniques	cricket and play
		Sports Hall	OR		for pupils to be able	competitive modified
	Cross Country	Athletics	<u>Gymnastics</u>	In school	to achieve their	versions of the game
				competitions.	personal best.	Introduce sport
	Sports Hall	Gymnastics	Dance		Competition to be	specific techniques
	Athletics.				included.	for fielding & batting
					Hockey	(FSS)
			Tag Rugby	Cricket	Golf	
					Rounders	Dodgeball





PE Long Term plan

	Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
	Net & Wall Games	Invasion Games	Invasion Games	Sport Enrichment	Sports Day	Games
	Tag Rugby	Dodgeball	<u>Handball</u>	Block	Athletics	Striking and Fielding
			<u>Netball</u>			(Cricket & Rounders)
	<u>Theme;</u>	<u>Theme;</u>		Sport enrichment	<u>Theme;</u>	
	Teamwork & Tactics.	Teamwork & Tactics		chosen year groups	Running, jumping and	<u>Theme;</u>
			<u>Theme</u> ;	from the list below	throwing. Achieving	Teamwork & Tactics.
	<u>Coverage</u> ;	<u>Coverage;</u>	Teamwork & Tactics	to enhance the	personal best. Team	
	Consolidate FSS for	Consolidate FSS and		curriculum.	events.	<u>Coverage;</u>
	tag rugby and	compete in matches	<u>Coverage;</u>			Pupils to organise and
	develop	using clear tactics	Consolidate FSS and	Tri-Golf	Tennis	compete in full
<u>Year 6</u>	understanding of	and sport specific	compete in matches	Rounders	Cricket	cricket and rounder's
	rules for the sport.	techniques 4v4, 5v5,	using clear tactics	Hockey	Football	games as well as
	Take part in	6v6 (SSS)	and sport specific	·		developing skills as
	competitive matches.		techniques 4v4, 5v5,	In school		captains and
	1v1 & 2v2 (FSS_SSS)	Sports hall	6v6 (SSS)	competitions.		officiators (SSS)
		Athletics.		·		
	Cross Country		Gymnastics			
	,		•	Cricket	Rounders	PGL
	Sports Hall		Dance			Orienteering
	Athletics					
			Tag Rugby			Dodgeball







Personal, Social & Emotional Development	A) Children play co-operatively and take turns with others.				
	B) Children are confident to try new activities and say why they like some activities more than others				
	C) Children work as part of a group or class and understand the rules they are to follow				
Communication & language	A) Children listen attentively in a range of situations				
	B) Children follow instructions involving several ideas and actions.				
Physical Development	A) Children show good control and co-ordination in large and small movements				
	B) Children move confidently and in a range of different ways.				
	C) Children handle equipment effectively				
	D) Children know the importance for good health and physical exercise.				

	Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
	Fundamentals of Movement	Fundamentals of Movement	Fundamentals of Movement	Sport Enrichment Block	Sports Day Preparation	Team Games
				_		<u>Theme;</u>
	Agility, balance, co -	Agility, balance, co -	Agility, balance, co -	Sport enrichment	<u>Theme;</u>	Co-operating,
	ordination.	ordination.	ordination.	chosen year groups	Running, jumping	sharing, listening,
				from the list below	&throwing	taking turns
	<u>Theme;</u>	<u>Theme;</u>	<u>Theme;</u>	to enhance the		
	Travelling & moving	Handling equipment	Combing travelling	curriculum.	<u>Coverage;</u>	<u>Coverage;</u>
	confidently.	with control.	and handling	Tri-Golf	Developing	A variety of
			equipment	Dodgeball	fundamentals of	fundamental
<u>Reception</u>	<u>Coverage</u> ;	<u>Coverage</u> ;		Tag Rugby	movement skills	movement skills
	(FOM) - stillness,	(FOM) rolling,	<u>Coverage;</u>	Rounders	(FOM) for running,	introduced through
	jumping, running,	pushing, throwing,	Send, receive,		throwing and	team activities.
	changing direction,	striking, kicking,	negotiate space		jumping.	
	shape, hopping.	bouncing.	confidently and	In school	• • •	
	Using apparatus		improve ABC's	competitions.		
			'	'		



Competition Calendar



	Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
	Cross Country	Infant Agility,	Dodgeball	Infant Games,	Tri-Golf Years	Mini Red
	Years 3,4,5,6	Key Stage 1	Years 5,6	Key Stage 1	3,4	Tennis Years 3,4
	Tag Rugby	Football Years	Key Steps	Hi 5 netball	Rounders	
Competitions	Years 5,6	5,6	Gymnastics, All years	Years 5,6	Years 5,6	Kwik Cricket years 3,4,5,6
<u> </u>	Basketball	Sports hall	,	Cricket	Hockey, Years	,
	Years 5,6	Athletics Year	Swimming Gala,	Festival Key	3,4,5,6	Football Years
		3,4,5,6	Years 5,6	Stage 1		3,4
			Dance	Handball Years		Athletics
			Competition	5,6		Years 5,6
			Years 3,4,5,6			
			<mark>Intra School</mark>	Intra School	Intra School	<mark>Intra School</mark>
			Competition	Competition	Competition	Competition
			Tag Rugby	<u>Cricket</u>	Rounders	<mark>Dodgeball</mark>