

# YOUR MENU THIS WEEK

19th October  
16th November  
7th December

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN DISH MEAT					
MAIN DISH VEGETARIAN					
SIDES					
PUDDINGS					

AVAILABLE  
DAILY:  
Handmade  
bread  
and fresh fruit

Allergen Key: 1. Milk, 2. Fish, 3. Gluten, 4. Peanuts, 5. Tree nuts, 6. Soya, 7. Sesame, 8. Lupin, 9. Shellfish, 10. Molluscs, 11. Egg, 12. Sulphite, 13. Celery, 14. Mustard\***MENU IS SUBJECT TO CHANGE SHOULD INGREDIENTS BE UNAVAILABLE\***

GOOD FOR  
**you**

Love the food that loves you back♥