

# Your menu this week



EDUCATION

## MONDAY

## TUESDAY

## WEDNESDAY

## THURSDAY

## FRIDAY

**Week one**  
06/09/21  
27/09/21  
18/10/21  
15/11/21  
06/12/21

Cheese & tomato pizza (v) (1,3,6)  
Or  
Vegetable & bean wrap (vg) (3)  
  
½ baked jacket, baked beans & tomato & cucumber salad  
  
Fruit Salad

beef bolognaise  
Or  
Vegetable bolognaise (vg)  
  
Pasta (3),  
  
Carrots, green beans  
  
Toffee apple wholemeal cookie with ½ glass milk (1,3)

Roast gammon & gravy  
Or  
Vegetable & lentil wellington (1,3,11)  
  
Roast potatoes  
Seasonal greens, roasted vegetables  
  
Fruit Jelly

Turkey burger in sesame bun (1,3,6,7)  
Or  
Quorn burger in a sesame bun (v) (1,3,7,11)  
  
Potato wedges, sweetcorn, coleslaw (11)  
  
Jam sponge & custard (1,3,11)

Fish fingers (2,3)  
Or  
Quorn Sausage (v) (1,3,11)  
  
Chips, baked beans, peas  
  
Chocolate & orange biscuit with chocolate sauce (1,3)

**Week two**  
13/09/21  
04/10/21  
01/11/21  
22/11/21  
13/12/21

Mild mixed bean & potato Curry with 50/50 rice (v) (1)  
Or  
Mac & cheese with basil bread (v) (1,3,6,14)  
  
Broccoli & carrots  
  
Vanilla shortbread (1,3)

Mince beef burrito (1,3)  
Or  
Vegetable & mixed bean burrito (vg) (3,6)  
  
Sweetcorn,  
Mexican potato salad, herby wholemeal bread  
  
Fruit jelly with cream (1)

Roast turkey, gravy & stuffing (3)  
Or  
Cauliflower & lentil bake (v) (1,3)  
  
Roast potatoes  
Kale & carrots  
  
Chocolate brownie (1,3,11)

Pork sausages with gravy (1,3,11,12)  
Or  
Quorn sausage with gravy (1,3,11)  
  
Mash potato (1), savoy cabbage & green beans  
  
Rice pudding with jam (1)

Fish fingers (2,3)  
Salmon fishcake, (2,3,14)  
Or  
Vegetable fingers with hummus dip (3) (vg)  
Chips, baked beans, peas  
  
Wholemeal banana & apple crumble and custard (1,3)

**Week three**  
20/09/21  
11/10/21  
08/11/21  
29/11/21

Tomato & basil pasta (3) (vg)  
Or  
Pepper & spring onion frittata with new potatoes (1,11)  
  
Garden peas  
Seasonal salad,  
  
Fruit flapjack cookie (1,3)

Mild turkey katsu with light curry sauce (1, 3)  
Or  
Vegetable katsu with light curry sauce (1,3,6,11) (vg)  
  
50/50 rice, green beans, carrots  
  
Oaty fruit crumble & custard (1,3)

Roast chicken & gravy  
Or  
Vegetable & soya minced pie (v) (6,1,11)  
  
Roast potatoes, swede & savoy cabbage  
  
Fruit jelly with cream (1)

Pork & vegetable ragu  
Or  
Quorn balls in a tomato sauce (v) (3,11)  
  
Pasta (3), broccoli & sweetcorn  
  
Fruit sponge with custard (1,3,11)

Battered fish (2,3)  
Or  
Roasted pepper & mixed bean quesadilla, tomato salsa (vg) (3)  
  
Chips, beans, peas  
  
Wholemeal oat cookie with ½ glass milk (1,3)

Available Daily: Handmade Bread, Fresh Salad & Fruit Also Available, Daily Jacket Potatoes with Beans, Cheese (1) Or Tuna Mayonnaise (2,11)

**Allergen Key:** 1. Milk, 2. Fish, 3. Gluten, 4. Peanuts, 5. Tree nuts, 6. Soya, 7. Sesame, 8. Lupin, 9. Shellfish, 10. Molluscs, 11. Egg, 12. Sulphite, 13. Celery, 14. Mustard  
V= vegetarian VG= Vegan **MENU IS SUBJECT TO CHANGE \***